



June 8, 2025

House Circular #10
Subject: Pentecost

***"I will send you the Spirit of truth", says the Lord; "he will guide you in all truth".
John 16:7,13***

Dear Sisters and Associates,

On Pentecost, we celebrate the coming of the Holy Spirit, the Spirit of truth whom Jesus promised before returning to his Father. The promise of the Spirit was given to his disciples and all who would embrace and bear witness to Jesus' message. With the coming of the Spirit, disciples were transformed from being afraid to being courageous witnesses of Jesus' life and message. Most of all, they now were able to boldly speak the truth.

We are all recipients of the Holy Spirit, the Spirit of truth who dwells in us, as scripture says: "You are the temple of the Holy Spirit." 1 Cor. 6:19. The Holy Spirit wants to guide us in the same way Jesus was guided. The Holy Spirit waits for our invitation to that place in us where we are afraid of the truth. All we need is to be open to the Holy Spirit's "tiny whispering sound". 1 Kings 19:12.

A good example of listening to the Holy Spirit happened on May 7-8, 2025, when 133 Cardinals gathered in the Sistine Chapel, Vatican City, for the Conclave. While many of these Cardinals did not know each other, I suspect that they opened their hearts and minds to let the Spirit guide them. As the world waited, not knowing who might be chosen as the next Pope, the Holy Spirit surprised the world with Pope Leo XIV.

Being led by the Holy Spirit means surrendering to God's guidance and allowing the Holy Spirit to direct our thoughts, feelings, and actions. It calls us to choose to let the Holy Spirit influence and direct our life, rather than relying on our will.

May God's Spirit rest upon us all the days of our life so that we can be witnesses to Jesus' message of truth.

Peace and All Good,

Sister Anna Phiri, OSF

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Assistant Superior